

From Disposable Assignment to Social Good: Piloting an Open Pedagogy Assignment

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DCU Connected

Humanities (Psychology Major)

Bachelor of Arts in Humanities (Psychology Major)

PAC Code	DC345
Course Type	Undergraduate
NFQ Level	8
Delivery Modes	Online Distance Learning
Duration	Continuous

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2018/2019 PY210 Developmental and Educational Psychology

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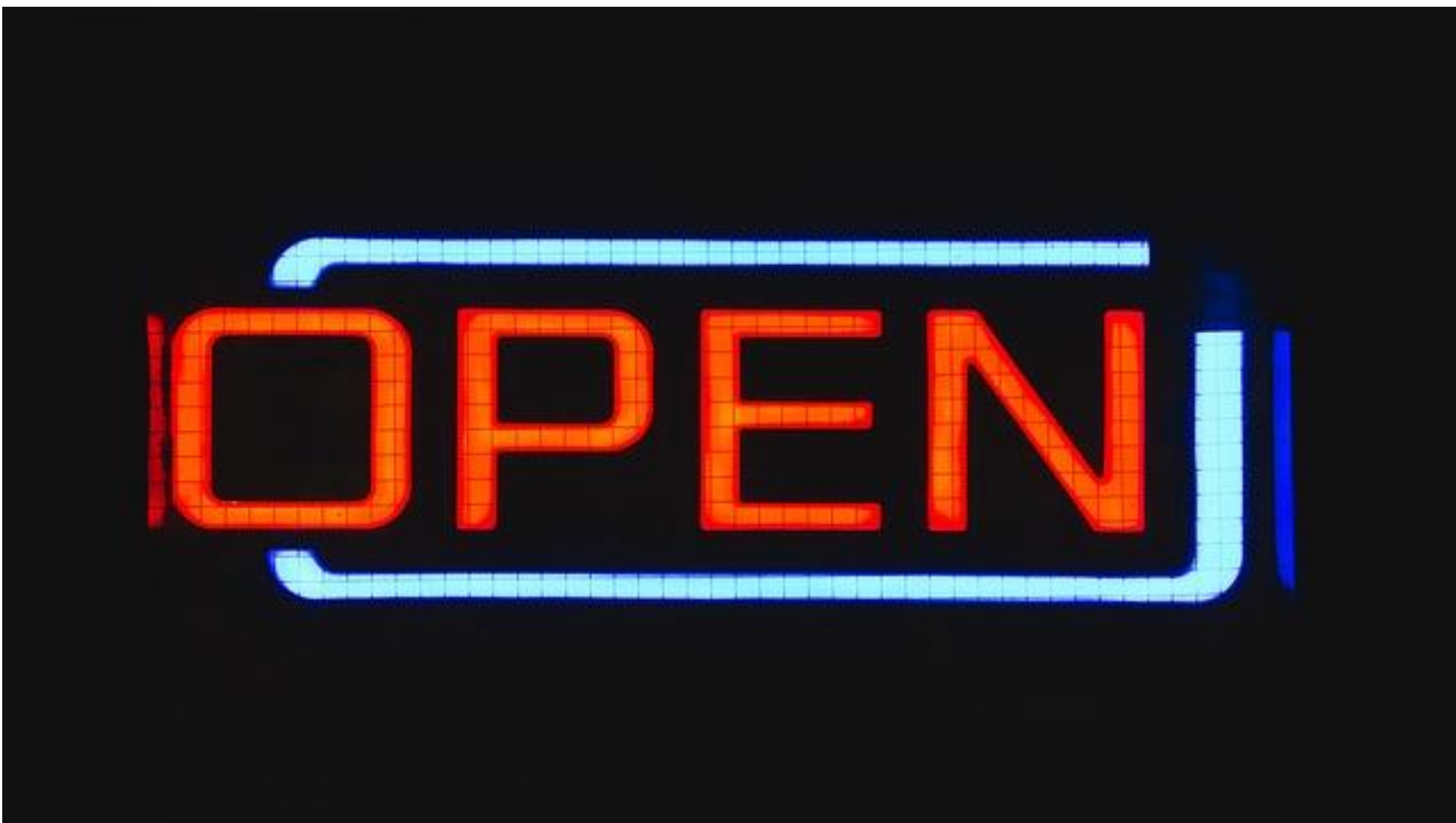


Restricted Not available unless: You belong to [Megan Gaffney's Group](#) (hidden otherwise)

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Our Students Ask The Right Questions To Promote Mental Health and Wellbeing



- What do I enjoy?
- What am I good at?
- Can I improve?
- Who can help me?
- Can I teach someone else?
- Who do I admire?
- What are they good at?
- Could I do it too?
- Could they teach me?

- Am I feeling stressed?
- Do I overreact?
- Do others think I overreact?
- What makes me feel better?
- How do others cope?
- Who can help?

Skills

Support

Emotions



- Am I finding life difficult?
- **I need to talk!**
- Who makes me feel like myself?
- Whose opinion do I value?
- Is there an adult I could confide in?
- Who do I enjoy spending time with?
- Who makes me feel good?
- Who else finds life difficult?
- Could we talk?
- Could my teachers listen?
- Could my family listen?
- Could my friends listen?

Our teachers will always help you work out the answers!

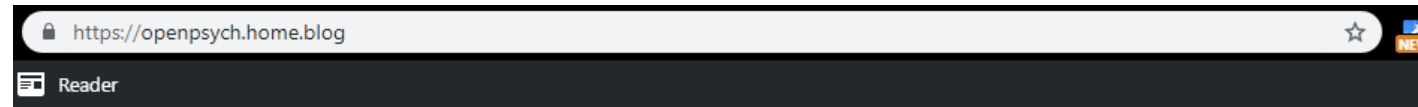
Resilience (Prince-Embury, 2007)



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Poster produced by J. Lacour

<https://openpsych.home.blog/>



School Mental Health Partnership – by S. Laing

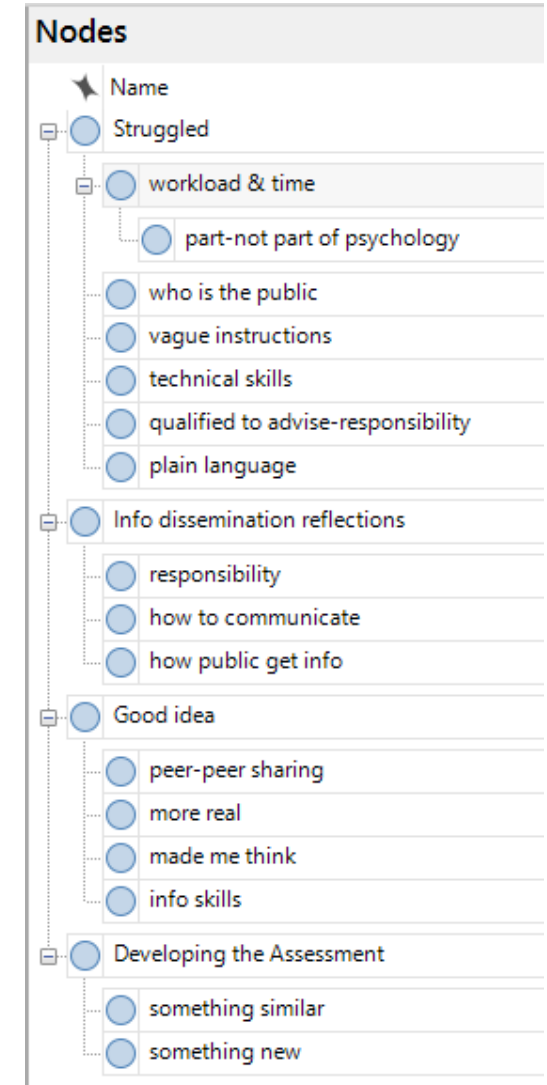
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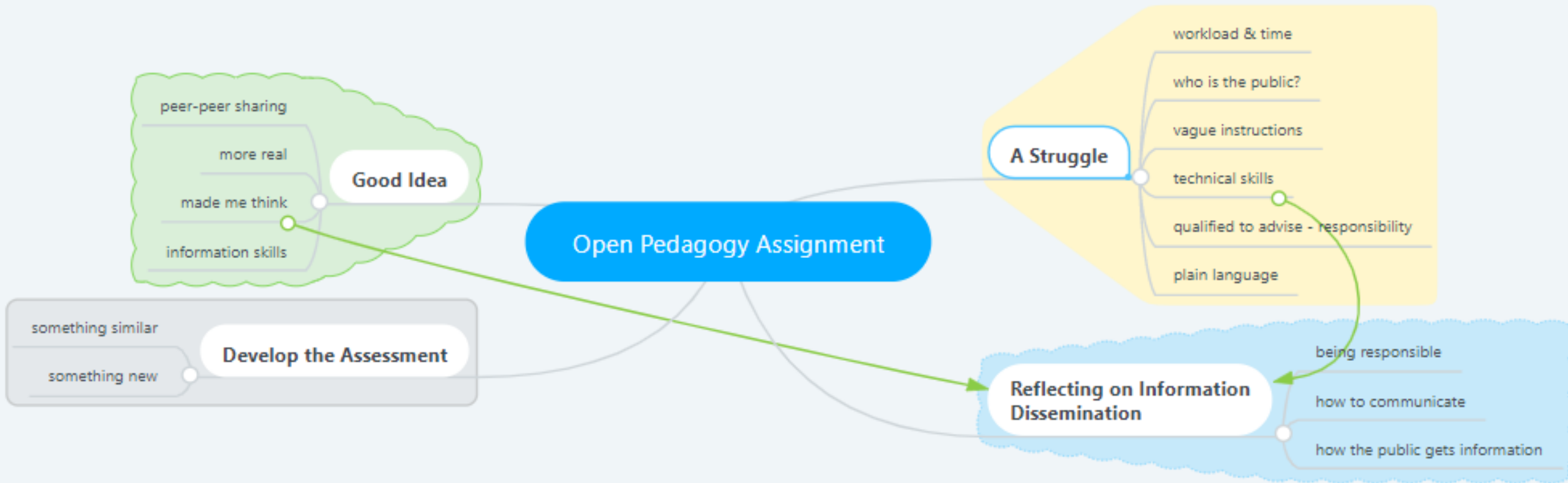
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Methodology

- Data Collection - Online focus group
- Data Analysis – Braun and Clarke Thematic Analysis (2006; 2013)
- NVivo 12



Findings - Thematic Map



Findings

Good idea:

I think it was worthwhile doing. I think it totally took me outside my comfort zone, but I'm glad of that. I think I've benefited from it.

Made me think/Being responsible:

it's also making me think about the information that I'm taking in and how it's going to be used and disseminated. How I might do that and how I'm involved in that process.

Who is the public?

we know it's communication to the public, but we don't know who the public is.

Qualified to advise – responsibility:

I began to doubt whether I was qualified enough to be able to advise in any kind of significant way as to how these things should be rolled out or how the information should be presented



Go raibh mile maith
agaibh!



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